



# St. Ambrose Anglican Church



Gladstone & Carmichael Roads

**Rector:** Fr. Lynden Douglas

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**Web site:** <https://stambrosebahamas.com>

## Mission Statement

The Parish of St. Ambrose exists to be servants of God,  
empowered by the Holy Spirit, to build up the community of faith  
so that all may become whole persons in Christ.

### **Archbishop of The Province of The West Indies**

The Most Rev'd Howard Gregory, *B.A., S.T.M., S.T.D., D.D.*

### **Diocesan Bishop**

The Rt. Rev'd Laish Boyd, *B.A., D.D.*

### **Assistant Bishops**

The Most Rev'd Drexel W. Gomez, *B.A., D.D., C.M.G.*

The Rt. Rev'd Gilbert A. Thompson, *C.M.G., S.Th., M.A., J.P.*

### **West Central Archdeaconry**

The Venerable Dwight H. L. Rolle, *B.A., S.T.M., J.P.*

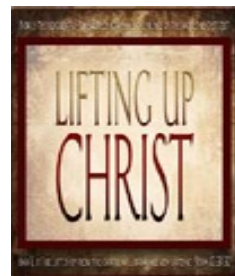


## SCHEDULE OF SERVICES

Sunday - 7:00 am Said Mass

Sunday - 9:30 am Sung Mass

Wednesday - 6:30 am Said Mass



## **THE FIFTH SUNDAY IN LENT**

**Sunday, March 17th, 2024 - Year B**

**Liturgical Colour - Purple**

**During Lent**, no flowers are permitted on the altars, the alleluias are omitted, and except on Feast Days, the “Gloria in Excelsis” is not used.

<b>Introit Hymn</b>	<b>Hail To The Lord’s Anointed</b>	<b>CPWI 251</b>
Opening Sentence	Lent	BCP 98
Collect For Purity .....		BCP 101
The Kyries .....		BCP 102
Collects	Fifth Sunday in Lent & Ash Wednesday	BCP 164/163

#### **Diocesan Theme Collect 2024**

Almighty and generous God, You are the Creator and Giver of all that is good. We thank You and praise You for the beauty of the earth, for our work, our families, our loved ones and all the gifts which we have been given By Your grace may we show gratitude by sharing what we have received, always mindful that in serving others we are serving You. Guided by that same grace help us to be good stewards, who care for Your earth, and who work to preserve it for future generations. We remain grateful for Your constant love, for the gift of Your Son Jesus Christ, and the presence of Your Holy Spirit, now and for ever. Amen.

#### **OLD TESTAMENT LESSON**

**Reader: A Reading from the Word of God written in Jeremiah, chapter 31 verses 31 to 34.**

The days are surely coming, says the Lord, when I will make a new covenant with the house of Israel and the house of Judah. It will not be like the covenant that I made with their ancestors when I took them by the hand to bring them out of the land of Egypt—a covenant that they broke, though I was their husband, says the Lord. But this is the covenant that I will make with the house of Israel after those days, says the Lord: I will put my law within them, and I will write it on their hearts; and I will be their God, and they shall be my people. No longer shall they teach one another or say to each other, “Know the Lord” for they shall all know me, from the least of them to the greatest, says the Lord; for I will forgive their iniquity, and remember their sin no more.

Reader: The Word of the Lord

**All: The Word of the Lord**

#### **PSALM 51:1-13**

*(The psalm is read responsively or sung by the choir and congregation)*

#### **THE EPISTLE**

**Reader: A Reading from the Word of God written in Hebrews chapter, 5 verses 5 to 10.**

Christ did not glorify himself in becoming a high priest, but was appointed by the one who said to him, “You are my Son, today I have begotten you”; as he says also in another place, “You are a priest forever, according to the order of Melchizedek.” In the days of his flesh, Jesus offered up prayers and supplications, with loud cries and tears, to the one who was able to save him from

death, and he was heard because of his reverent submission. Although he was a Son, he learned obedience through what he suffered; and having been made perfect, he became the source of eternal salvation for all who obey him, having been designated by God a high priest according to the order of Melchizedek.

Reader: The Word of the Lord

**All: Thanks Be To God**

*(The congregation stands for the singing of the Gradual Hymn)*

**Gradual Hymn**

**Hark, My Soul!**

**CPWI 518**

*(The following chorus is sung before the Gospel)*

Holy words long preserved for our walk in this world, They resound with God's own heart Oh, let the ancient words impart. Ancient words ever true changing me, and changing you. We have come with open hearts, Oh let the ancient words impart.

## **THE HOLY GOSPEL**

**JOHN 12:20-33**

*(All stand)*

Gospeller: The Lord Be With You

**All: And Also With You**

Gospeller: A reading from the Holy Gospel according to John.

**All: Glory to Christ our Saviour**

Now among those who went up to worship at the festival were some Greeks. They came to Philip, who was from Bethsaida in Galilee, and said to him, "Sir, we wish to see Jesus." Jesus." Philip went and told Andrew; then Andrew and Philip went and told Jesus. Jesus answered them, "The hour has come for the Son of Man to be glorified. Very truly, I tell you, unless a grain of wheat falls into the earth and dies, it remains just a single grain; but if it dies it bears much fruit. Those who love their life lose it, and those who hate their life in this world will keep it for eternal life. Whoever serves me must follow me, and where I am, there will my servant be also. Whoever serves me, the Father will honour. "Now my soul is troubled. And what should I say-'Father, save me from this hour'? No, it is for this reason that I have come to this hour. Father, glorify your name." Then a voice came from heaven, "I have glorified it, and I will glorify it again." The crowd standing there heard it and said that it was thunder. Others said, "An angel has spoken to him." Jesus answered, "This voice has come for your sake, not for mine. Now is the judgement of this world; now the ruler of this world will be driven out. And I, when I am lifted up from the earth, will draw all people to myself." He said this to indicate the kind of death he was to die.

Gospeller: The Gospel Of Christ

**All: Praise to Christ our Lord**

*(The following chorus is sung after the Gospel)*

Words of life, words of hope, give us strength, help us cope In this world, where e'er we roam, Ancient words will guide us home. Ancient words ever true, changing me, and changing you. We have come with open hearts, Oh let the ancient words impart.

Sermon .....	Fr. Lynden Douglas
Apostles' Creed .....	BCP 106
Intercessions	Form D BCP 111

**PARISH PRAYER**

O God, who has brought us into the fellowship of your dear Son, lead us all in St. Ambrose ever closer day by day to You and to one another, that we may become of one heart and mind in love toward You; and grant that our common life and work in sacrificial service may help to extend Your kingdom here where we are and in all the world; through Jesus Christ our Lord. **Amen.**

The Act of Penitence/The Peace BCP 123-125  
**Hymn for the Peace**

*(please be seated)*

**ANNOUNCEMENTS**

**BIRTHDAY PRAYER:** O Lord, watch over those persons who are celebrating birthdays or anniversaries. Bless and guide them wherever they may be; strengthen them when they stand; comfort them when they are discouraged or sorrowful; raise them up if they fall; and in their hearts may the peace of God which surpasses all understanding abide with them on the anniversary of their birth and marriages, and all the days of their lives, through Jesus Christ our Lord. **Amen.**

**THE PREPARATION**

**We prepare ourselves for the Feast**

*(Congregation may remain seated for the singing of the Offertory Hymn, and stand during the last verse)*

**Offertory Hymn                      Christian, Dost Thou See Them                      CPWI 112**

*The following is sung during the Presentation of the Offerings*

All things are Yours, no gifts have we; Lord of all gifts to offer Thee. And then with grateful hearts today, Your own before Your feet we lay. Amen.

**Censing Hymn                      For The Beauty of the Earth                      CPWI 711**

**THE MINISTRY OF THE HOLY SACRAMENT**

*(The highest reverence is due - No Talking - No Movement)*

The Sursum Corda .....	BCP 126
The Proper Preface	Lent BCP 128
Eucharistic Prayer	Form A BCP 131
The Lord's Prayer .....	BCP 144
The Breaking of Bread .....	BCP 145
The Agnus Dei .....	BCP 147

**THE ADMINISTRATION OF HOLY COMMUNION**

*(Please remain reverent as you move to receive communion)*

*We Share In His Feast*

<b>Communion Hymns</b>	<b>My God, And Is Thy Table Spread</b>	<b>CPWI 608</b>
	<b>My Hope Is Built</b>	<b>CPWI 456</b>
	<b>Jesu, Gentlest Saviour</b>	<b>CPWI 599</b>
Post-Communion Prayer .....		BCP 147
The Blessing and Dismissal .....		BCP 149

**Recessional Hymn      Lift Him Up**

How to reach the masses, men of ev'ry birth, For an answer Jesus gave the key: "And I, if I be lifted up from the earth, I will draw all men unto Me."

***Lift Him up, lift Him up, still He speaks from eternity: "And I, if I be lifted up from the earth, will draw all men unto Me."***

2 Oh! the world is hungry for the Living Bread, Lift the Saviour up for them to see; Trust Him and do not doubt the words that He said, "I will draw all men unto Me."

3 Don't exalt the preacher, don't exalt the pew, Preach the gospel simple, true and free; And I, if I be lifted up from the earth, I will draw all men unto Me.

4 Lift Him up by living as a Christian ought, Let the world in you the Saviour see; Then men will gladly follow Him who once taught, "I will draw all men unto Me."

**NOTICES**

**VISITORS**, we welcome you to St. Ambrose and greet you in the name and love of our mighty Saviour, Jesus Christ. We are delighted that you have come to share with us in this worship experience.

**MEMBERS**, if you were away, it is good to have you back home and we give thanks to God for your safe return.



**Remember  
Prayer**

Our nation & community, the unemployed, the homeless, the sick and shut-in, the disabled, members who are abroad, those who are travelling, fishermen, farmers, teachers, students, pilots, legal and medical professionals, law-enforcement officers, the lapsed and indifferent members of our church, and all who have requested our prayers.

**THE SICK**

**Members** - Sabrina Bain, Alinda Bowe, Granville Brown, Barbara Chong, Aura Maycock, Jocelyn Munroe, Beverly Wallace-Whitfield

**Relatives & Friends:** Rowena Albury (James Albury's mother), Almond Weech & Willimena Allen (Kenva Mullings' brother & aunt), Layla Bain (Melinda McKenzie's niece); Ken Bethel, Peter Bowe, LaShay Brown (Lenora Brown's daughter), Marvin Cooper (Bradley Cooper's brother), Natalia Cowderoy (Natalie Duncombe's daughter), Clara Cox (Robert Cox's mother), Trevor Sands & Jeffery Cox (Sherry Walkine's son & cousin), Patrick Ferguson (Patrice Murell's father), Walter Ferguson (Ophelia Cooper's brother), Brenda Heastie, Samuel Hunter (Father of Kenva Roxbury, Samantha Hunter, Shantia Goodwin-Davies), Bernadette Ingraham (Bridgette Ingraham's sister), Sandra Kemp, Alexander Knowles, Sandra Kemp, Alexander Knowles, Vanria Lightbourne (Cheyvonne & Cheryl Bethel's sister), Logan McCaulsky, Benjamin Miller (Anya Miller's husband), Oswald (Sr.) & Betty Nixon (Brian Nixon's parents), Sylvia Pinder, Roger Ritchie (Gwen Ritchie's husband), Innis Robinson, Archdeacon Dwight Rolle, Steven & Helen Rolle, Zyhaire Rolle (Alma Albury's nephew), Ollie Sands (Cleo Hepburn's sister), Canon Peter Scott, Maryann Sokal, Livingston Stuart (Ann Major's step-father), Mazel Turnquest (Rochelle Turnquest's mother).

**Recovering Members:** Cheryl Bethel, Shanae Forbes, Crystal Holder, De-lores Johnson, Garnell Johnson, Isabella Jones, Joan Neymour, Frankie Smith

**Recovering Friends & Relatives:** Louise Blyden (Veta Brown's sister), Lorelda Burrows, Coralee Butler, Andree Campbell (Canon Sebastian Campbell's daughter), Gloria Goodridge, Theron Hepburn (Carol Roach's brother-in-law), Cora Johnson, Errol Johnson, Errol Rolle, Ismae Smith, Aaron Spencer

**Notices** for the bulletin are to be submitted by **Noon** on **Tuesdays**.

**Saturdays in Lent:** The **Prayer Group** will be reflecting on the Gospel of John on Zoom 7am to 8 am. Meditations for Mar. 21-23 are John 18, 19, 20, 21.

The **West Central Archdeaconry** combined **Stations of the Cross** will be held at Holy Trinity on March 22nd at 7:00pm.

Donations towards **flowers for Easter** Sunday are being accepted.

Funeral Service for Dennis Williams is on March 23 at 10am at St. Ambrose.

Let us support the **ACM's Basil Dean Fish Fry** scheduled for March 29th, **Good Friday**, 12pm-3pm. Tickets are \$15. Conch, and specialty fritters will also be on sale.

**Bible Study** continues on Wednesdays in Lent at 6:00pm. This week we will be looking at Genesis chapter 5.

**Reboot Youth Retreat** is scheduled for April 12th-14th. Planning meetings are held each Monday at 6:30pm at the church. The full team final meeting will be held on Monday, April 8 at 6:30pm at the church.



Passion Sunday 7:00am; 9:30am (Palm procession)  
Wednesday – 6:30am (Mass)  
Maundy Thursday – 7:00pm (Soup Supper at 6pm)  
Good Friday – 9:00am  
Easter Sunday - 5:30am (Vigil) & 9:30am

**Tithes & Offerings or Financial Donations** can be sent to St. Ambrose Anglican Church, Royal Bank of Canada JFK, Account 1002534, Transit Number: 05165



ALTAR FLOWERS

Altar flowers are often given as memorials, in thanksgiving or in celebration of special events, such as, anniversaries or birthdays. We welcome donations for flowers at all times when our lectionary permits them on the altar.

Check out **St. Ambrose Church website**, for information, weekly bulletins, service live streams, and news, log on to: <http://stambrosebahamas.com>  
**St Ambrose Media** email: [stambrose41@hotmail.com](mailto:stambrose41@hotmail.com)



**Birthdays: Mar 17** - Sean Bowe; **Mar 19** - Logan Butler, Blayre Fernander; **Mar 21** - Blaire Crawford, Indy Hunter, Alicia Moss, Ashley Moss

**Wedding Anniversary: Mar 22** - Taminika & Dave Munroe



**Lectors 7:00am** - Gordon Ward, Sheryl Moxey, Althea Adderley

**9:30am** - Lisa Butler, Pamela Miller, Jemma Smith



**USHERS**

**7:00am** - Joel Cunningham, Elsworth Johnson, Julie Harts, Vincent Symonette

**9:30am** - Kenva Mullings, Jacintha Wallace, Schneika Campbell, Rebby Storr

### Weekly Attendance

**7:00am** - 82

**9:30am** - 58

**Sunday school** - 27

**Bible Study** - 8

**Wednesday Mass** - 11

**Stations of the Cross** (March 8) - 30

## DAILY READINGS

	Mon	Tues	Wed	Thurs	Fri	Sat
<b>M</b>	Ps. 31 Exodus 4:10-20 (21-26), 27-31	Ps. 132 Isaiah 63:7-16 Matthew 1:18-25 <i>St. Joseph</i>	Ps. 119:145-176 Exodus 7:8-24 2 Corin- thians 2:14-3:6	Ps. 131,132, (133) Exodus 7:25 - 8:19 2 Corin- thians 3:7-18	Ps. 95, 22 Exodus 9:13-35 2 Corin- thians 4:1-12	Ps. 137:1-6 (7-9), 144 Exodus 10:21-11:8 2 Corin- thians 4:13-18 <i>St. Gregory</i>
<b>P</b>	1 Corin- thians 14:1-19					
<b>E</b>	Ps. 35 Jeremiah 24:1-10 Mark 9:30-31	Ps. 34 2 Chronicle s 6:12-17 Ephesians 3:14-21	Ps. 128,129, 130 Jeremiah 25:30-38 Mark 10:1-16	Ps. 140, 142 Jeremiah 26:1-16 Mark 10:17-31	Ps.141,143: 1-11 (12) Jeremiah 29:1, 4-13 Mark 10:32-45	Ps. 42, 43 Jeremiah 31:27-34 Mark 10:46-52

## PARISH VESTRY



- Fr. Lynden Douglas - **Rector**  
 Dr. Ricardo Crawford - **Priest's Warden (327-2678)**  
 Mrs. Cleo Hepburn - **People's Warden 2023-2025 (361-3989)**  
 Ms. Pamela Miller - **Elected 2024-2026 Interim Treasurer (357-5738)**  
 Mrs. Leja Burrows - **Asst. Secretary/Sunday School Supt. (676-2341)**  
 Miss Anatchas Hart - **A.C.W. President**  
 Mr. Ethan W. Adderley - **A.C.M. President (808-5750)**  
 Mr. Brian Nixon - **Audio Visual Chairperson (341-6040)**  
 Mrs. Terri Bellot - **Legal Advisor (361-7589)**  
 Ms. Diane Stewart - **Music Ministry (327-7559)**  
 Mrs. Norma Dean - **Pastoral Care & Counselling (364-8635)**  
 Ms. Frances Dean - **Social Outreach (327-4031)**  
 Mrs. Gale Sheryl Forbes - **Ushers Ministry (455-0120)**  
 Mr. Robert Cox - **Elected 2024-2026 (424-3155)**  
 Mr. Reno Major - **Elected 2024-2026 (376-6211)**  
 Mr. Humphrey Simmons - **Elected 2024-2026 (357-8360)**  
 Mr. James Albury - **Elected 2023-2025 (424-9042)**  
 Miss Tanisha Brathwaite - **Elected 2023-2025 (426-0457)**  
 Mr. Joel Cunningham - **Elected 2023-2025 (421-2589)**  
 Mr. Philip Styles - **Elected 2023-2025 (362-1378)**  
 Mr. John Michael Clarke - **Appointed (601-5777)**