



# St. Ambrose Anglican Church



Gladstone & Carmichael Roads

**Rector:** Fr. Lynden Douglas

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## Mission Statement

The Parish of St. Ambrose exists to be servants of God,  
empowered by the Holy Spirit, to build up the community of faith  
so that all may become whole persons in Christ.

## **Archbishop of The Province of The West Indies**

The Most Rev'd Howard Gregory, *B.A., S.T.M., S.T.D., D.D.*

## **Diocesan Bishop**

The Rt. Rev'd Laish Boyd, *B.A., D.D.*

## **Assistant Bishops**

The Most Rev'd Drexel W. Gomez, *B.A., D.D., C.M.G.*

The Rt. Rev'd Gilbert A. Thompson, *C.M.G., S.Th., M.A., J.P.*

## **West Central Archdeaconry**

The Venerable Dwight H. L. Rolle, *B.A., S.T.M., J.P.*



## SCHEDULE OF SERVICES

Sunday - 7:00 am Said Mass

Sunday - 9:30 am Sung Mass

Wednesday - 6:30 am Said Mass

Lent IS A TIME TO  
GROW  
CLOSER TO JESUS

## **THE THIRD SUNDAY IN LENT**

**Sunday, March 3rd, 2024 - Year B**

**Liturgical Colour - Purple**

Be thoughtful, be silent, be reverent, for this is the House of God.  
Before the service, speak to the Lord; during the service,  
let the Lord speak to you; after the service, speak to one another.

<b>Introit Hymn</b>	<b>The Church's One Foundation</b>	<b>CPWI 348</b>
Opening Sentence	Lent	BCP 98
Collect For Purity .....		BCP 101
The Kyries .....		BCP 102
Collects	Third Sunday in Lent & Ash Wednesday	BCP 164/163

#### **Diocesan Theme Collect 2024**

Almighty and generous God, You are the Creator and Giver of all that is good. We thank You and praise You for the beauty of the earth, for our work, our families, our loved ones and all the gifts which we have been given By Your grace may we show gratitude by sharing what we have received, always mindful that in serving others we are serving You. Guided by that same grace help us to be good stewards, who care for Your earth, and who work to preserve it for future generations. We remain grateful for Your constant love, for the gift of Your Son Jesus Christ, and the presence of Your Holy Spirit, now and for ever. Amen.

#### **OLD TESTAMENT LESSON**

**Reader: A Reading from the Word of God written in Exodus, chapter 20, verses 1 to 17.**

Then God spoke all these words: I am the Lord your God, who brought you out of the land of Egypt, out of the house of slavery; you shall have no other gods before me. You shall not make for yourself an idol, whether in the form of anything that is in heaven above, or that is on the earth beneath, or that is in the water under the earth. You shall not bow down to them or worship them; for I the Lord your God am a jealous God, punishing children for the iniquity of parents, to the third and the fourth generation of those who reject me, but showing steadfast love to the thousandth generation of those who love me and keep my commandments. You shall not make wrongful use of the name of the Lord your God, for the Lord will not acquit anyone who misuses his name. Remember the Sabbath day, and keep it holy. For six days you shall labour and do all your work. But the seventh day is a Sabbath to the Lord your God; you shall not do any work—you, your son or your daughter, your male or female slave, your livestock, or the alien resident in your towns. For in six days the Lord made heaven and earth, the sea, and all that is in them, but rested the seventh day; therefore the Lord blessed the Sabbath day and consecrated it. Honour your father and your mother, so that your days may be long in the land that the Lord your God is giving you. You shall not murder. You shall not commit adultery. You shall not steal. You shall not bear false witness against your neighbour. You shall not covet your neighbour's house; you shall not covet your

neighbour's house; you shall not covet your neighbour's wife or male or female slave, or ox, or donkey, or anything that belongs to your neighbour.

Reader: The Word of the Lord

**All: Thanks Be To God**

## PSALM 19

*(The psalm is read responsively or sung by the choir and congregation)*

## THE EPISTLE

**Reader: A Reading from the Word of God written in First Corinthians, chapter 1, verses 18 to 25.**

The message about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God. For it is written, Where is the one who is wise? Where is the scribe? Where is the debater of this age? Has not God made foolish the wisdom of the world? For since, in the wisdom of God, the world did not know God through wisdom, God decided, through the foolishness of our proclamation, to save those who believe. For Jews demand signs and Greeks desire wisdom, but we proclaim Christ crucified, a stumbling block to Jews and foolishness to Gentiles, but to those who are the called, both Jews and Greeks, Christ the power of God and the wisdom of God. For God's foolishness is wiser than human wisdom, and God's weakness is stronger than human strength.

Reader: The Word of the Lord

**All: Thanks Be To God**

*(The congregation stands for the singing of the Gradual Hymn)*

**Gradual Hymn**

**When I Survey The Wondrous Cross**

**CPWI 147**

*(The following chorus is sung before the Gospel)*

Holy words long preserved for our walk in this world,

They resound with God's own heart

Oh, let the ancient words impart.

Ancient words ever true changing me, and changing you.

We have come with open hearts, Oh let the ancient words impart.

## THE HOLY GOSPEL

**JOHN 2:13-22**

*(All stand)*

Gospeller: The Lord Be With You

**All: And Also With You**

Gospeller: A reading from the Holy Gospel according to John.

**All: Glory to Christ our Saviour**

The Passover of the Jews was near, and Jesus went up to Jerusalem. In the temple he found people selling cattle, sheep, and doves, and the money changers seated at their tables. Making a whip of cords, he drove all of them out of the temple, both the sheep and the cattle. He also poured out the coins of the

money changers and overturned their tables. He told those who were selling the doves, "Take these things out of here! Stop making my Father's house a marketplace!" His disciples remembered that it was written, "Zeal for your house will consume me." The Jews then said to him, "What sign can you show us for doing this?" Jesus answered them, "Destroy this temple, and in three days I will raise it up." The Jews then said, "This temple has been under construction for forty-six years, and will you raise it up in three days?" But he was speaking of the temple of his body. After he was raised from the dead, his disciples remembered that he had said this; and they believed the scripture and the word that Jesus had spoken.

Gospeller: The Gospel Of Christ

**All: Praise to Christ our Lord**

*(The following chorus is sung after the Gospel)*

Words of life, words of hope, give us strength, help us cope  
 In this world, where e'er we roam,  
 Ancient words will guide us home.

Ancient words ever true, changing me, and changing you.  
 We have come with open hearts, Oh let the ancient words impart.

Sermon ..... Fr. Lynden Douglas

Nicene Creed ..... BCP 104

Intercessions ..... Form C ..... BCP 108

**PARISH PRAYER**

O God, who has brought us into the fellowship of your dear Son, lead us all in St. Ambrose ever closer day by day to You and to one another, that we may become of one heart and mind in love toward You; and grant that our common life and work in sacrificial service may help to extend Your kingdom here where we are and in all the world; through Jesus Christ our Lord. **Amen.**

The Act of Penitence/The Peace ..... BCP 123-125

**Hymn for the Peace**

*(please be seated)*

**ANNOUNCEMENTS**

**BIRTHDAY PRAYER:** O Lord, watch over those persons who are celebrating birthdays or anniversaries. Bless and guide them wherever they may be; strengthen them when they stand; comfort them when they are discouraged or sorrowful; raise them up if they fall; and in their hearts may the peace of God which surpasses all understanding abide with them on the anniversary of their birth and marriages, and all the days of their lives, through Jesus Christ our Lord. **Amen.**

**THE PREPARATION**

**We prepare ourselves for the Feast**

*(Congregation may remain seated for the singing of the Offertory Hymn, and stand during the last verse)*



**Relatives & Friends:** Rowena Albury (James Albury's mother), Almond Weech & Willimena Allen (Kenva Mullings' brother & aunt), Layla Bain (Melinda McKenzie's niece); Ken Bethel, Peter Bowe, LaShay Brown (Lenora Brown's daughter), Marvin Cooper (Bradley Cooper's brother), Natalia Cowderoy (Natalie Duncombe's daughter), Clara Cox (Robert Cox's mother), Trevor Sands & Jeffery Cox (Sherry Walkine's son & cousin), Patrick Ferguson (Patrice Murell's father), Walter Ferguson (Ophelia Cooper's brother), Brenda Heastie, Samuel Hunter (Father of Kenva Roxbury, Samantha Hunter, Shantia Goodwin-Davies), Bernadette Ingraham (Bridgette Ingraham's sister), Sandra Kemp, Alexander Knowles, Sandra Kemp, Alexander Knowles, Vanria Lightbourne (Cheyvonne & Cheryl Bethel's sister), Logan McCaulsky, Benjamin Miller (Anya Miller's husband), Oswald (Sr.) & Betty Nixon (Brian Nixon's parents), Sylvia Pinder, Roger Ritchie (Gwen Ritchie's husband), Innis Robinson, Archdeacon Dwight Rolle, Steven & Helen Rolle, Zyhaire Rolle (Alma Albury's nephew), Ollie Sands (Cleo Hepburn's sister), Canon Peter Scott, Maryann Sokal, Livingston Stuart (Ann Major's step-father), Mazel Turnquest (Rochelle Turnquest's mother).

**Recovering Members:** Cheryl Bethel, Shanae Forbes, Crystal Holder, De-lore Johnson, Garnell Johnson, Isabella Jones, Joan Neymour, Frankie Smith

**Recovering Friends & Relatives:** Louise Blyden (Veta Brown's sister), Lorelda Burrows, Coralee Butler, Andree Campbell (Canon Sebastian Campbell's daughter), Gloria Goodridge, Theron Hepburn (Carol Roach's brother-in-law), Cora Johnson, Errol Johnson, Errol Rolle, Ismae Smith, Aaron Spencer

**Notices** for the bulletin are to be submitted by **Noon on Tuesdays**.

We offer **prayers and condolences** to Hillary Higgs on the death of her brother, Finchell Taylor. May he R.I.P.

**Daylight Savings Time** begins at 2:00am on Sunday, March 10th. Remember to set your clocks ahead one hour.



**Stations of the Cross:** Fridays in Lent at 6:00pm. The following ministries will lead the stations: **Pastoral Care & Social Outreach** - Mar 8. **Ushers & Choir** - Mar 15

**Saturdays in Lent:** The Prayer Group will be covering the Gospel of John on Zoom 7am to 8 am. Meditations for Mar. 7-9 are John 11, 12, 13.



Altar flowers are often given as memorials, in thanksgiving or in celebration of special events such as anniversaries or birthdays. We welcome donations for flowers at all times when our lectionary permits them on the altar. Donations towards flowers for Easter Sunday are being accepted.

The **West Central Archdeaconry** combined **Stations of the Cross** will be held at Holy Trinity on March 22nd at 7:00pm.

The **ACM's Annual Fish Fry** will be held on **Good Friday**, March 29th, 12pm-3pm. Tickets are \$15. Conch, and specialty fritters will also be on sale.

In-person **Bible Study** continues on Wednesdays in Lent at 6:00pm. This week we will be looking at Genesis chapter 3.

**Reboot Youth Retreat** is scheduled for April 12th-14th. Application and volunteer forms are available at the office or Usher's table.

**St. Ambrose Church website:** For information, weekly bulletins, service live streams, and news, log on to: <http://stambrosebahamas.com>

**St Ambrose Media** email: [stambrose41@hotmail.com](mailto:stambrose41@hotmail.com)



**Tithes & Offerings or Financial Donations** can be sent to St. Ambrose Anglican Church, Royal Bank of Canada JFK, Account 1002534, Transit Number: 05165

**Christian Education Week:** Theme, "All Things Bright & Beautiful". Saturday March 9th: Circle Time: 9:00am-1:00pm at Holy Trinity.

**Mothering Sunday Service:** Sunday March 10th: 3:30pm-4:30pm at Christ Church Cathedral, which will be followed by a Procession of Witness from Christ Church Cathedral to the Eastern Parade Grounds.



**Birthdays: Mar 3** - Keilya Khari Cartwright, Luther Ferguson, Jade Moncur; **Mar 5** - Ryand Forbes; **Mar 6** - Bradley Pratt, Davawn Turner, Torian Turner; **Mar 7** - Davont Roberts; **Mar 8** - Austin Black; **Mar 9** - Dail Pearce

### Readers for Today

**7:00am** - Julie Harts, Joan Neymour, Carol Roach

**9:30am** - Cozetta Johnson, Jemma Smith, JaKaylen Wallace



**7:00am** - Nicarra Sands, Hazel Carroll, Monique Rolle, Suzanne Simmons

**9:30am** - Sheryl Forbes, Cozetta Johnson, Rachael Ferguson, Sherell Cox



### ATTENDANCE FOR THE WEEK OF FEBRUARY 25TH

**7:00am** - 116      **9:30pm** - 92      **Wednesday Mass** - 12

**Bible Study** - 15      **Stations of the Cross** (Feb 23rd) - 31

## DAILY READINGS

	Mon	Tues	Wed	Thurs	Fri	Sat
<b>M</b>	Ps. 80 Genesis 44:18-34	Ps. 78:1-39 Genesis 45:1-15	Ps. 119:97- 120 Genesis 45:16-28	Ps. [83] or 42, 43 Genesis 46: 1-7, 28-34	Ps. 95, 88 Genesis 47:1-26	Ps. 87, 90 Genesis 47:27-48:7 1
<b>P</b>	1 Corinti- ans 7:25-31	1 Corinti- ans 7:32-40	1 Corinti- ans 8:1-13	1 Corinti- ans 9:1-15	1 Corinti- ans 9:16-27	Corinthians 10:1-13
<b>E</b>	Ps. 77, (79) Jeremiah 7:1-15	Ps78:40-72 Jeremiah 7:21-34	Ps. 81, 82 Jeremiah 8:18 -9: 6	Ps. 85, 86 Jeremiah 10:11-24	Ps.91, 92 Jeremiah 11 :1-8,14-20	Ps. 136 Jeremiah 13:1-11
<b>P</b>	Mark 5:21- 43	Mark 6:1-13	Mark 6:13- 29	Mark 6:30- 46	Mark 6:47- 56	Mark 7:1-23

## PARISH VESTRY



Fr. Lynden Douglas - **Rector**

Dr. Ricardo Crawford - **Priest's Warden (327-2678)**

Mrs. Cleo Hepburn - **People's Warden 2023-2025 (361-3989)**

Ms. Pamela Miller - **Elected 2024-2026 Interim Treasurer (357-5738)**

Mrs. Leja Burrows - **Asst. Secretary/Sunday School Supt. (676-2341)**

Miss Anatchas Hart - **A.C.W. President**

Mr. Ethan W. Adderley - **A.C.M. President (808-5750)**

Mr. Brian Nixon - **Audio Visual Chairperson (341-6040)**

Mrs. Terri Bellot - **Legal Advisor (361-7589)**

Ms. Diane Stewart - **Music Ministry (327-7559)**

Mrs. Norma Dean - **Pastoral Care & Counselling (364-8635)**

Ms. Frances Dean - **Social Outreach (327-4031)**

Mrs. Gale Sheryl Forbes - **Ushers Ministry (455-0120)**

Mr. Robert Cox - **Elected 2024-2026**

Mr. Reno Major - **Elected 2024-2026 (376-6211)**

Mr. Humphrey Simmons - **Elected 2024-2026**

Mr. James Albury - **Elected 2023-2025 (424-9042)**

Miss Tanisha Brathwaite - **Elected 2023-2025 (426-0457)**

Mr. Joel Cunningham - **Elected 2023-2025 (421-2589)**

Mr. Philip Styles - **Elected 2023-2025 (362-1378)**

Mr. John Michael Clarke - **Appointed (601-5777)**