



# St. Ambrose Anglican Church



Gladstone & Carmichael Roads

**Rector:** Fr. Lynden Douglas

P.O. Box CR-55282, Nassau, N.P., Bahamas

**Office:** 242-698-9942

**Rector:** 242-801-4037

**Email:** stambrose@bahamasanglican.org

## Mission Statement

The Parish of St. Ambrose exists to be servants of God, empowered by the Holy Spirit, to build up the community of faith so that all may become whole persons in Christ.

## **Diocesan Theme 2024**

### **“For the Beauty of the Earth”**

*Genesis 1:1,31 - In the beginning God created the heavens and the earth...  
God saw all that had been made and it was very good*

## **Archbishop of The Province of The West Indies**

The Most Reverend Dr. Howard K.A. Gregory, *B.A., S.T.M., S.T.D., D.D.*

## **Diocesan Bishop**

The Right Reverend Laish Z. Boyd, *B.A., D.D.*

## **Assistant Bishops**

The Most Reverend Drexel W. Gomez, *B.A., D.D., C.M.G.*

The Right Reverend Gilbert A. Thompson, *C.M.G., S.Th., M.A., J.P*

## **West Central Archdeaconry**

The Venerable Dwight H.L. Rolle, *B.A., S.T.M., J.P.*



## SCHEDULE OF SERVICES

Sunday - 7:00 am Said Mass

Sunday - 9:30 am Sung Mass

Wednesday - 6:30 am Said Mass



**THE FIFTH SUNDAY AFTER THE EPIPHANY**

**Sunday, February 4th, 2024 - Year B**

**Liturgical Colour - Green**

Be thoughtful, be silent, be reverent, for this is the House of God.  
 Before the service, speak to the Lord; during the service,  
 let the Lord speak to you; after the service, speak to one another.

<b>Introit</b>	<b>To God Be The Glory</b>	<b>CPWI 387</b>
OPENING SENTENCE	EPIPHANY	BCP 98
COLLECT FOR PURITY.....		BCP 101
THE KYRIES/GLORIA .....		BCP 102
FIFTH SUNDAY AFTER THE EPIPHANY .....		BCP 161

**Diocesan Theme Collect 2024**

Almighty and generous God, You are the Creator and Giver of all that is good. We thank You and praise You for the beauty of the earth, for our work, our families, our loved ones and all the gifts which we have been given By Your grace may we show gratitude by sharing what we have received, always mindful that in serving others we are serving You. Guided by that same grace help us to be good stewards, who care for Your earth, and who work to preserve it for future generations. We remain grateful for Your constant love, for the gift of Your Son Jesus Christ, and the presence of Your Holy Spirit, now and for ever. **Amen.**

**OLD TESTAMENT LESSON**

**Reader: A Reading from the Word of God written in Isaiah, chapter 40 verses 21 to 31.**

Have you not known? Have you not heard? Has it not been told you from the beginning? Have you not understood from the foundations of the earth? It is he who sits above the circle of the earth, and its inhabitants are like grasshoppers; who stretches out the heavens like a curtain, and spreads them like a tent to live in; who brings princes to naught, and makes the rulers of the earth as nothing. Scarcely are they planted, scarcely sown, scarcely has their stem taken root in the earth, when he blows upon them, and they wither, and the tempest carries them off like stubble. To whom then will you compare me, or who is my equal? says the Holy One. Lift up your eyes on high and see: Who created these? He who brings out their host and numbers them, calling them all by name; because he is great in strength, mighty in power, not one is missing. Why do you say, O Jacob, and speak, O Israel, "My way is hidden from the Lord, and my right is disregarded by my God"? Have you not known? Have you not heard? The Lord is the everlasting God, the Creator of the ends of the earth. He does not faint or grow weary; his understanding is unsearchable. He gives power to the faint, and strengthens the powerless. Even youths will faint and be weary, and the young will fall exhausted; but those who wait for the Lord shall renew their strength, they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint.

Reader: The Word of the Lord

**All: Thanks be**

## PSALM 147:1-12

*(The Psalm is read responsively or sung by the choir and congregation)*

### NEW TESTAMENT LESSON

**Reader: A Reading from the Word of God written in First Corinthians, chapter 9 verses 16 to 23.**

If I proclaim the gospel, this gives me no ground for boasting, for an obligation is laid on me, and woe to me if I do not proclaim the gospel! For if I do this of my own will, I have a reward; but if not of my own will, I am entrusted with a commission. What then is my reward? Just this: that in my proclamation I may make the gospel free of charge, so as not to make full use of my rights in the gospel. For though I am free with respect to all, I have made myself a slave to all, so that I might win more of them. To the Jews I became as a Jew, in order to win Jews. To those under the law I became as one under the law (though I myself am not under the law) so that I might win those under the law. To those outside the law I became as one outside the law (though I am not free from God's law but am under Christ's law) so that I might win those outside the law. To the weak I became weak, so that I might win the weak. I have become all things to all people, that I might by all means save some. I do it all for the sake of the gospel, so that I may share in its blessings.

Reader: The Word of the Lord

**All: Thanks be to God**

*(The congregation stands for the singing of the Gradual Hymn)*

**Gradual Hymn**

**What Star Is This**

**CPWI 109**

*(The following chorus is sung before the Gospel)*

Holy words long preserved for our walk in this world,  
They resound with God's own heart  
Oh, let the ancient words impart.

Ancient words ever true changing me, and changing you.  
We have come with open hearts, Oh let the ancient words impart.

### THE HOLY GOSPEL

**MARK 1:29-39**

*(All Stand)*

Gospeller: A reading from the Holy Gospel according to Mark.

**All: Glory to Christ our Saviour**

After Jesus and his disciples left the synagogue, they entered the house of Simon and Andrew, with James and John. Now Simon's mother-in-law was in bed with a fever, and they told him about her at once. He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them. That evening, at sundown, they brought to him all who were sick or possessed with demons. And the whole city was gathered around the door. And he cured many who were sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew him. In the morning, while it was still very dark, he got up and went out to a deserted place,

and there he prayed. And Simon and his companions hunted for him. When they found him, they said to him, "Everyone is searching for you." He answered, "Let us go on to the neighbouring towns, so that I may proclaim the message there also; for that is what I came out to do." And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.  
Gospeller: The Gospel Of Christ **All: Praise to Christ our Lord**

*(The following chorus is sung after the Gospel)*

Words of life, words of hope, give us strength, help us cope  
In this world, where e'er we roam, Ancient words will guide us home.  
Ancient words ever true, changing me, and changing you.  
We have come with open hearts, Oh let the ancient words impart.

SERMON ..... Fr. Lynden Douglas

### **WE AFFIRM OUR FAITH**

APOSTLES' CREED (7am) ..... BCP 106  
INTERCESSIONS (7am) ..... FORM H ..... BCP 120  
*(intercessions will conclude with the parish prayer)*  
BAPTISM (9:30) ..... BCP 273

### **PARISH PRAYER**

O God, who has brought us into the fellowship of your dear Son, lead us all in St. Ambrose ever closer day by day to You and to one another, that we may become of one heart and mind in love toward You; and grant that our common life and work in sacrificial service may help to extend Your kingdom here where we are and in all the world; through Jesus Christ our Lord. **Amen.**

THE ACT OF PENITENCE/THE PEACE ..... BCP 123-125

*(please be seated)*

### **ANNOUNCEMENTS**

**BIRTHDAY PRAYER:** O Lord, watch over those persons who are celebrating birthdays or anniversaries. Bless and guide them wherever they may be; strengthen them when they stand; comfort them when they are discouraged or sorrowful; raise them up if they fall; and in their hearts may the peace of God which passes all understanding abide with them on the anniversary of their birth and marriages, and all the days of their lives, through Jesus Christ our Lord. **Amen.**

### **THE PREPARATION**

**We prepare ourselves for the Feast**

*(congregation may remain seated for the singing of the Offertory Hymn, and stand during the last verse)*

**Offertory**

**Go Forth And Tell**

**CPWI 325**

*The following is sung during the Presentation of the Offerings*

All things are Yours, no gifts have we; Lord of all gifts to offer Thee. And then with grateful hearts today, Your own before Your feet we lay. Amen.

**Censing Hymn                      We Have A Gospel To Proclaim                      CPWI 400**

## **THE MINISTRY OF THE HOLY SACRAMENT**

*(The highest reverence is due - No Talking - No Movement)*

THE SURSUM CORDA .....	BCP 126
THE PROPER PREFACE                      EPIPHANY	BCP 127
THE GREAT CONSECRATORY PRAYER    FORM E	BCP 142
THE ACCLAMATION	
THE LORD'S PRAYER .....	BCP 144
THE BREAKING OF BREAD .....	BCP 145
THE AGNUS DEI .....	BCP 147

## **THE ADMINISTRATION OF HOLY COMMUNION**

*(please remain reverent as you move to receive communion)*

**We Share In His Feast**

<b>Communion Hymns</b>	<b>I Am Not Worthy</b>	<b>CPWI 593</b>
	<b>Just A Closer Walk</b>	<b>CPWI 525</b>
	<b>I Love To Tell The Story</b>	<b>CPWI 447</b>
POST-COMMUNION PRAYER .....		BCP 147
THE BLESSING AND DISMISSAL .....		BCP 149
<b>Recessional Hymn</b>	<b>Come, We That Love The Lord</b>	<b>CPWI 515</b>

## **NOTICES**

**VISITORS**, we welcome you to our Church and greet you in the name and love of our mighty Saviour, Jesus Christ. We are delighted that you have come to share with us in this worship experience. If you do not have a Church home, we welcome you to come and be a part of our worshipping community.

**MEMBERS**, if you were away, it is good to have you back home and we give thanks to God for your safe return.



Our nation & community, the unemployed, the homeless, the sick and shut-in, the disabled, members who are abroad, those who are travelling, fishermen and farmers, teachers and students, the lapsed and indifferent members of our church, all those who have requested our prayers.

**MEMBERS:** Sabrina Bain, Alinda Bowe, Granville Brown, Barbara Chong, Jocelyn Munroe, Beverly Wallace-Whitfield

**RELATIVES & FRIENDS:** Rowena Albury (James Albury's mother), Almond Weech & Willimena Allen (Kenva Mullings' brother & aunt), Layla Bain (Melinda McKenzie's niece); Ken Bethel, Peter Bowe, LaShay Brown (Lenora Brown's daughter), Marvin Cooper (Bradley Cooper's brother), Natalia Cowderoy (Natalie Duncombe's daughter), Clara Cox (Robert Cox's mother), Trevor Sands & Jeffery Cox (Sherry Walkine's son & cousin), Walter Ferguson (Ophelia Cooper's brother), Theron Hepburn (Carol Roach's brother-in-law), Samuel Hunter (Father of Kenva Roxbury, Samantha Hunter, Shantia Goodwin-Davies), Bernadette Ingraham (Bridgette Ingraham's sister), Sandra Kemp, Alexander Knowles, Vanria Lightbourne (Cheyenne & Cheryl Bethel's sister), Logan McCaulsky, Benjamin Miller (Anya Miller's husband), Oswald (Sr.) & Betty Nixon (Brian Nixon's parents), Sylvia Pinder, Innis Robinson, Archdeacon Dwight Rolle, Steven & Helen Rolle, Ollie Sands (Cleo Hepburn's sister), Canon Peter Scott, Maryann Sokal, Livingston Stuart (Ann Major's step-father), Mazel Turnquest (Rochelle Turnquest's mother).

**SHUT-INS:** Leaenza Beneby, Maeroni Black, Francine Val Bowe, Hazel Hunt, Petrona Major (Mother of Katherine Cartwright), Aura Maycock, Florence Pratt

**RECOVERING MEMBERS:** Cheryl Bethel, Shanae Forbes, Suzette Hanna, Crystal Holder, Delores Johnson, Garnell Johnson, Isabella Jones, Joan Neymour, Frankie Smith

**RECOVERING FRIENDS & RELATIVES:** Louise Blyden (Veta Brown's sister), Lorelda Burrows, Coralee Butler, Andree Campbell (Daughter of Canon Sebastian Campbell), Gloria Goodridge, Cora Johnson, Errol Johnson, Errol Rolle, Ismae Smith, Aaron Spencer

**Palms:** Please return or drop off your palms from last year. They can be left on the front porch or at the office.

**St. Ambrose's ACW/ACM Anniversary Service** will be this afternoon at 3pm.

**AGM:** The Annual General Meeting will be held next Sunday, February 11th, following the morning service. There will be one service next Sunday at 8:00am.

The **Annual Clergy Retreat** will be this week February 5th, on Grand Bahama. Let us pray for the clergy, and Retreat Conductor, The Right Reverend Charles Davidson, Bishop of Guyana, and former priest of this diocese.

**Midweek Mass:** There will be **NO Wednesday morning Mass** this week.

**Lenten Mission:** February 18th-20th at Holy Trinity Activities Center, N.P. The Missioner will be Rev. Dr. John Rogers, Rector, St. George's Parish, Barbados.

The **ACW** will have a **BAKE SALE** on Sunday February 11th.

**Reboot Youth Retreat** is scheduled for April 12th-14th.

**Nomination of Vestry** members are being received. Before nominating an individual, first ensure that he/she is willing to be nominated. The following vestry members from the class of 2022-2024 are eligible to be nominated, Alinda Bowe, Reno Major, Pamela Miller, Dr. Julian Stewart.

**A.C.W. Officers 2024:** President - Anatchas Hart; V.P - Melinda McKenzie; Secretary - Althea Adderley; - Asst Secretary - Icelar Hepburn; - Treasurer - Michelle Adderley; Asst. Treasurer - Alma Albury; Chaplain - Norma Dean

**Shrove Tuesday Service** and Burning of The Palms, February 13th at 6:30pm

**Ash Wednesday Services:** February 14th at 6:00am, 12:30pm, 7:00pm

**Stations of the Cross:** Fridays in Lent at 6:00pm, beginning February 16<sup>th</sup>

**CYM** is scheduled to resume on February 23rd at 7:00pm

**Wednesdays in Lent** – In person Bible Study at 6:00pm

**2024 Tithing Envelopes** are available for collection. If you don't have envelopes and wish to have a set, please inform the office or the treasurer.

**St. Ambrose Church Website:** For information, weekly bulletins, service live streams, and news, log on to <http://stambrosebahamas.com>



Tithes & Offerings or financial contributions can be sent to St. Ambrose Anglican Church, **Royal Bank of Canada JFK, Account 1002534, Transit Number: 05165**



**Feb 4** - Richard Brown, Leon Sturup; **Feb 5** - Veta Brown, Samantha Davis, Jacob Miller; **Feb 6** - Lauren DeGregory, Adonis Fernander; **Feb 7** - Valerie Dean

**Wedding Anniversaries:** **Feb 7** - Latize & Arthur Penn  
**Feb 9** - Nickeva-Eve & Zydon Benjamin



**7:00am** - Althea Addeley, Hazel Carroll, Cleo Hepburn

**LECTORS**

**9:30am** - Anatchas Hart, Rochelle Turnquest, Jemma Smith



**USHER SCHEDULE**

**7:00am** - Joel Cunningham, Elsworth Johnson, Julie Harts, Vince Symonette

**9:30am** - Sheryl Forbes, Cozetta Johnson, Rachael Ferguson, Sherell Cox

**ATTENDANCE FOR WEEK OF JANUARY 28TH**

**7:00am** - 95

**9:30am** - 136

**Wednesday** - 11

## DAILY READINGS

	Mon	Tues	Wed	Thurs	Fri	Sat
	Ps. 80	Ps. 78:1-39	Ps. 119:97-120	Ps. (83) or 146, 147	Ps. 88	Ps. 87, 90
	Genesis 25:19-34	Genesis 26:1-6, 33	Genesis 27:1-29	Genesis 27:30-45	Genesis 27:46-28:4, 10-22	Genesis 29:1-20
<b>M</b>	Hebrews 13:1-16	Hebrews 13:17-25	Romans 12:1-8	Romans 12:9-21	Romans 13:1-14	Romans 14:1-23
	Ps. 77, (79)	Ps. 78:40-72	Ps. 81, 82; Isaiah 59:15b-21	Ps. 85, 86	Ps. 91, 92	Ps. 136
<b>E</b>	Isaiah 58:1-12	Isaiah 59:1-15a	John 8:12-20	Isaiah 60:1-17	Isaiah 61:1-9	Isaiah 61:10-62:5
<b>P</b>	John 7:37-52	John 7:53-8:11	John 8:21-32	John 8:21-32	John 8:33-47	John 8:47-59

## PARISH VESTRY



Fr. Lynden Douglas - Rector

Dr. Ricardo Crawford - **Priest's Warden (327-2678)**

Mrs. Cleo Hepburn - **People's Warden 2023-2025 (361-3989)**

Ms. Pamela Miller - **Elected 2022-2024 Interim Treasurer (357-5738)**

Mrs. Leja Burrows - **Asst. Secretary/Sunday School Supt. (676-2341)**

Miss Anatchas Hart - **A.C.W. President**

Mr. Ethan W. Adderley - **A.C.M. President (808-5750)**

Mr. Brian Nixon - **Audio Visual Chairperson (341-6040)**

Mrs. Terri Bellot - **Legal Advisor (361-7589)**

Ms. Diane Stewart - **Music Ministry (327-7559)**

Mrs. Norma Dean - **Pastoral Care & Counselling (364-8635)**

Ms. Frances Dean - **Social Outreach (327-4031)**

Mrs. Gale Sheryl Forbes - **Ushers Ministry (455-0120)**

Ms. Alinda Bowe - **Elected 2022-2024 (341-0781)**

Mr. Reno Major - **Elected 2022-2024 (376-6211)**

Dr. Julian Stewart - **Elected 2022-2024 (432-9080)**

Mr. James Albury - **Elected 2023-2025 (424-9042)**

Miss Tanisha Brathwaite - **Elected 2023-2025 (426-0457)**

Mr. Joel Cunningham - **Elected 2023-2025 (421-2589)**

Mr. Philip Styles - **Elected 2023-2025 (362-1378)**

Mr. John Michael Clarke - **Appointed (601-5777)**