



St. Ambrose Anglican Church



Gladstone & Carmichael Roads

Rector: Fr. Lynden Douglas

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Mission Statement

The Parish of St. Ambrose exists to be servants of God, empowered by the Holy Spirit, to build up the community of faith so that all may become whole persons in Christ.

Diocesan Theme 2024

“For the Beauty of the Earth”

Genesis 1:1,31 - In the beginning God created the heavens and the earth...

God saw all that had been made and it was very good

Archbishop of The Province of The West Indies

The Most Reverend Dr. Howard K.A. Gregory, *B.A., S.T.M., S.T.D., D.D.*

Diocesan Bishop

The Right Reverend Laish Z. Boyd, *B.A., D.D.*

Assistant Bishops

The Most Reverend Drexel W. Gomez, *B.A., D.D., C.M.G.*

The Right Reverend Gilbert A. Thompson, *C.M.G., S.Th., M.A., J.P.*

West Central Archdeaconry

The Venerable Dwight H.L. Rolle, *B.A., S.T.M., J.P.*



SCHEDULE OF SERVICES

Sunday - 7:00 am Said Mass

Sunday - 9:30 am Sung Mass

Wednesday - 6:30 am Said Mass

Let us *consider*
our callings,
let us *reflect*
on our
responsibilities, and
let us *follow*

Jesus Christ
Thomas S. Monson

THE FOURTH SUNDAY AFTER THE EPIPHANY

Sunday, January 28th, 2024 - Year B

Liturgical Colour - Green

Be thoughtful, be silent, be reverent, for this is the House of God.
 Before the service, speak to the Lord; during the service,
 let the Lord speak to you; after the service, speak to one another.

Introit	Praise Him, Praise Him!	CPWI 379
OPENING SENTENCE	EPIPHANY	BCP 98
COLLECT FOR PURITY.....		BCP 101
THE KYRIES/GLORIA		BCP 102
FOURTH SUNDAY AFTER THE EPIPHANY		BCP 161

Diocesan Theme Collect 2024

Almighty and generous God, You are the Creator and Giver of all that is good. We thank You and praise You for the beauty of the earth, for our work, our families, our loved ones and all of the gifts which we have been given. By Your grace may we show gratitude by sharing what we have received, always mindful that in serving others we are serving You. Guided by that same grace help us to be good stewards, who care for Your earth, and who work to preserve it for future generations. We remain grateful for Your constant love, for the gift of Your Son Jesus Christ, and the presence of Your Holy Spirit, now and for ever.

Amen.

OLD TESTAMENT LESSON

Reader: A Reading from the Word of God written in Deuteronomy, chapter 18 verses 15 to 20

Moses said: The Lord your God will raise up for you a prophet like me from among your own people; you shall heed such a prophet. This is what you requested of the Lord your God at Horeb on the day of the assembly when you said: "If I hear the voice of the Lord my God any more, or ever again see this great fire, I will die." Then the Lord replied to me: "They are right in what they have said. I will raise up for them a prophet like you from among their own people; I will put my words in the mouth of the prophet, who shall speak to them everything that I command. Anyone who does not heed the words that the prophet shall speak in my name, I myself will hold accountable. But any prophet who speaks in the name of other gods, or who presumes to speak in my name a word that I have not commanded the prophet to speak that prophet shall die."

Reader: The Word of the Lord

All: Thanks be to God

PSALM 111

(The Psalm is read responsively or sung by the choir and congregation)

NEW TESTAMENT LESSON

Reader: A Reading from the word of God written in First Corinthians, chapter 8 verses 1 to 13.

Now concerning food sacrificed to idols: we know that “all of us possess knowledge.” Knowledge puffs up, but love builds up. Anyone who claims to know something does not yet have the necessary knowledge; but anyone who loves God is known by him. Hence, as to the eating of food offered to idols, we know that “no idol in the world really exists,” and that “there is no God but one.” Indeed, even though there may be so-called gods in heaven or on earth—as in fact there are many gods and many lords— yet for us there is one God, the Father, from whom are all things and for whom we exist, and one Lord, Jesus Christ, through whom are all things and through whom we exist. It is not everyone, however, who has this knowledge. Since some have become so accustomed to idols until now, they still think of the food they eat as food offered to an idol; and their conscience, being weak, is defiled. “Food will not bring us close to God.” We are no worse off if we do not eat, and no better off if we do. But take care that this liberty of yours does not somehow become a stumbling block to the weak. For if others see you, who possess knowledge, eating in the temple of an idol, might they not, since their conscience is weak, be encouraged to the point of eating food sacrificed to idols? So by your knowledge those weak believers for whom Christ died are destroyed. But when you thus sin against members of your family, and wound their conscience when it is weak, you sin against Christ. Therefore, if food is a cause of their falling, I will never eat meat, so that I may not cause one of them to fall.

Reader: The Word of the Lord

All: Thanks be to God

(The congregation stands for the singing of the Gradual Hymn)

Gradual Hymn

For The Beauty Of The Earth

CPWI 711

(The following chorus is sung before the Gospel)

Holy words long preserved for our walk in this world,

They resound with God’s own heart

Oh, let the ancient words impart.

Ancient words ever true changing me, and changing you.

We have come with open hearts, Oh let the ancient words impart.

THE HOLY GOSPEL

MARK 1:21-28

(All Stand)

Gospeller: A reading from the Holy Gospel according to Mark.

All: Glory to Christ our Saviour

Jesus and his disciples went to Capernaum; and when the Sabbath came, he entered the synagogue and taught. They were astounded at his teaching, for he taught them as one having authority, and not as the scribes. Just then there was in their synagogue a man with an unclean spirit, and he cried out, “What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are, the Holy One of God.” But Jesus rebuked him, saying, “Be

silent, and come out of him!" And the unclean spirit, convulsing him and crying with a loud voice, came out of him. They were all amazed, and they kept on asking one another, "What is this? A new teaching—with authority! He commands even the unclean spirits, and they obey him." At once his fame began to spread throughout the surrounding region of Galilee.

Gospeller: The Gospel of Christ **All: Praise to Christ our Lord**

(The following chorus is sung after the Gospel)

Words of life, words of hope, give us strength, help us cope
In this world, where e'er we roam, Ancient words will guide us home.
Ancient words ever true, changing me, and changing you.
We have come with open hearts, Oh let the ancient words impart.

SERMON Fr. Lynden Douglas

WE AFFIRM OUR FAITH

APOSTLES' CREED (7am) BCP 106
INTERCESSIONS (7am) FORM E BCP 112
(intercessions will conclude with the parish prayer)
BAPTISM (9:30) BCP 273

PARISH PRAYER

O God, who has brought us into the fellowship of your dear Son, lead us all in St. Ambrose ever closer day by day to You and to one another, that we may become of one heart and mind in love toward You; and grant that our common life and work in sacrificial service may help to extend Your kingdom here where we are and in all the world; through Jesus Christ our Lord. **Amen.**

THE ACT OF PENITENCE/THE PEACE BCP 123-125

(please be seated)

ANNOUNCEMENTS

BIRTHDAY PRAYER: O Lord, watch over those persons who are celebrating birthdays or anniversaries. Bless and guide them wherever they may be; strengthen them when they stand; comfort them when they are discouraged or sorrowful; raise them up if they fall; and in their hearts may the peace of God which passes all understanding abide with them on the anniversary of their birth and marriages, and all the days of their lives, through Jesus Christ our Lord. **Amen.**

THE PREPARATION

We prepare ourselves for the Feast

(congregation may remain seated for the singing of the Offertory Hymn, and stand during the last verse)

Offertory

O Worship The Lord

CPWI 103

The following is sung during the Presentation of the Offerings

All things are Yours, no gifts have we; Lord of all gifts to offer Thee. And then with grateful hearts today, Your own before Your feet we lay. Amen.

Censing Hymn How Sweet The Name Of Jesus CPWI 253

THE MINISTRY OF THE HOLY SACRAMENT

(The highest reverence is due - No Talking - No Movement)

THE SURSUM CORDA	BCP 126
THE PROPER PREFACE EPIPHANY	BCP 127
THE GREAT CONSECRATORY PRAYER FORM E	BCP 142
THE ACCLAMATION	
THE LORD'S PRAYER	BCP 144
THE BREAKING OF BREAD	BCP 145
THE AGNUS DEI	BCP 147

THE ADMINISTRATION OF HOLY COMMUNION

(please remain reverent as you move to receive communion)

We Share In His Feast

Communion	O God Unseen	CPWI 594
	Jesus, My Lord, My God	CPWI 601
	Praise Him, Praise Him	CPWI 666
POST-COMMUNION PRAYER		BCP 147
THE BLESSING AND DISMISSAL		BCP 149
Recessional Hymn	All Hail The Power	CPWI 246



VISITORS, we welcome you to our Church and greet you in the name and love of our mighty Saviour, Jesus Christ. We are delighted that you have come to share with us in this worship experience. If you do not have a Church home, we welcome you to come and be a part of our worshipping community.

MEMBERS, if you were away, it is good to have you back home and we give thanks to God for your safe return.



Our nation & community, the unemployed, the homeless, the sick and shut-in, the disabled, members who are abroad, those who are travelling, fishermen and farmers, teachers and students, the lapsed and indifferent members of our church, all those who have requested our prayers.

MEMBERS: Sabrina Bain, Alinda Bowe, Granville Brown, Barbara Chong, Jocelyn Munroe, Beverly Wallace-Whitfield

RELATIVES & FRIENDS: Rowena Albury (Mother of James Albury), Willimena Allen (Aunt of Kenva Mullings), Ken Bethel, Peter Bowe, LaShay Brown (Daughter of Lenora Brown), Marvin Cooper (Brother of Bradley Cooper), Natalia Cowderoy (Daughter of Natalie Duncombe), Clara Cox (Mother of Robert Cox), Jeffery Cox (Cousin of Sherry Walkine), Walter Ferguson (Brother of Ophelia Cooper), Theron Hepburn (Brother-in-law of Carol Roach), Samuel Hunter (Father of Kenva Roxbury, Samantha Hunter, Shantia Goodwin-Davies), Bernadette Ingraham (Sister of Bridgette Ingraham), Sandra Kemp, Alexander Knowles, Vanria Lightbourne (Sister of Cheyvonne & Cheryl Bethel), Logan McCaulsky, Benjamin Miller (Husband of Anya Miller), Oswald (Sr.) & Betty Nixon (Parents of Brian Nixon), Sylvia Pinder, Innis Robinson, Archdeacon Dwight Rolle, Steven & Helen Rolle, Ollie Sands (Sister of Cleo Hepburn), Trevor Sands (Son of Sherry Walkine), Canon Peter Scott, Maryann Sokal, Livingston Stuart (Step-father of Ann Major), Mazel Turnquest (Mother of Rochelle Turnquest), Almond Weech (Brother of Kenva Mullings).

SHUT-INS: Leaenza Beneby, Maeroni Black, Francine Val Bowe, Hazel Hunt, Petrona Major (Mother of Katherine Cartwright), Aura Maycock, Florence Pratt

RECOVERING MEMBERS: Cheryl Bethel, Shanae Forbes, Suzette Hanna, Crystal Holder, Delores Johnson, Garnell Johnson, Isabella Jones, Joan Neymour, Frankie Smith

RECOVERING FRIENDS & RELATIVES: Louise Blyden (Veta Brown's sister), Lorelda Burrows, Coralee Butler, Andree Campbell (Daughter of Canon Sebastian Campbell), Gloria Goodridge, Cora Johnson, Errol Johnson, Errol Rolle, Ismae Smith, Aaron Spencer

Flowers on the Altar have been given to the greater glory of God, and in thanksgiving for the birthday and life of Pauline Bastian.

Reboot Youth Retreat: There will be a planning meeting for the Reboot Retreat tomorrow, January 29th, at 7pm, at the church. All parents of high school students, heads of organizations, and other interested persons are invited to attend.

St. Ambrose's ACW/ACM Anniversary Service: Sunday February 4th at 3pm.

The Usher Ministry is inviting persons to join. A special appeal is being made to those who attend the 7:00am service.

Tithing Envelopes for 2024 are available for collection. If you don't have envelopes and wish to have a set, you can inform the office or the treasurer.

St. Ambrose Church Website: For information, weekly bulletins, service live streams, and news, log on to <http://stambrosebahamas.com>

Vestry Meeting: Wednesday January 31st at 6:30 p.m.

AGM: The Annual General Meeting will be held on Sunday February 11th, following the morning service. There will be one service on that day at 8:00am.

Nomination of Vestry members are being received. Before nominating an individual, first ensure that he/she is willing to be nominated. The nomination form must be signed by a nominator and a seconder, and then submitted. To qualify as an elector, a member of the Church must be a communicant who has attained the age of eighteen (18) years and contributed financially to the church via the envelope system for the year ending 31st December preceding the annual meeting (*regulation 36*).

The Annual Clergy Retreat will be the week of February 5th, on Grand Bahama. Let us pray for the clergy, and Retreat Conductor, The Right Reverend Charles Davidson, Bishop of Guyana, and former priest of this diocese.

Palms: Let us begin bringing in our palms from last year, which will be burned to prepare this year's ashes.



Tithes & Offerings or financial contributions can be sent to St. Ambrose Anglican Church, **Royal Bank of Canada JFK, Account 1002534, Transit Number: 05165**

Birthday Greetings: **Jan 28** - Rona Astwood, Suzette Hanna; **Jan 29** - Cailen Benjamin, Cailin Benjamin, Samia Johnson, Emid Seymour; **Jan 30** - Arianna King; **Jan 31** - Simone Bellot, Kendrick Brathwaite; **Feb 1** - Dillon Burrows, Cathy-Ann Johnson; **Feb 2** - Alex King; **Feb 3** - Joshua Brennen, Humphrey Simmons



Today

7:00a.m. - Dail Pearce, Carol Roach, Julie Harts

9:30a.m. - Youths



7:00a.m. Alma Albury, Philippa Robinson, Melony Badmus, Gina Ross

9:30a.m. Sheena Styles, Melinda McKenzie, Sherry Walkine, Bradley Cooper

ATTENDANCE FOR JANUARY 21ST

7:00am - 75

9:30am - 90

Sunday School - 21

Wed - 5

DAILY READINGS

	Mon	Tues	Wed	Thurs	Fri	Sat
M	Ps. 56, 57, (58)	Ps. 61, 62 Genesis 21:1-21	Ps. 72 Genesis 22:1-18	Ps. (70), 71 Genesis 23:1-20	Ps. 42, 43 1 Samuel 2:1-10	Ps. 75, 76 Genesis 24:28-38, 49
P	Genesis 19: 1-17 (18- 23), 24-29 Hebrews 11:1-12	Hebrews 11:13-22	Hebrews 11:23-31	Hebrews 11:32-12:2	John 8:31- 36 <i>Presenta- tion of Our Lord</i>	-51 Hebrews 12:12-29
E	Ps. 64, 65 Isaiah 51:17	Ps. 68:1-20 (21-23), 24- 36 Isa 52:1-12 John 6:41- 51	Ps. 119:73- 96 Isaiah 54:1- 10 (11-17) John 6:52-59	Ps. 113 122 1 Samuel 1:20-28a Romans 8:14-21	Ps. 48, 87 Haggai 2:1- 9 1 John 3:1- 8	Ps. 23, 27 Isaiah 57:3- 13 John 7:14- 36

PARISH VESTRY



Fr. Lynden Douglas - Rector
 Dr. Ricardo Crawford - **Priest's Warden (327-2678)**
 Mrs. Cleo Hepburn - **People's Warden (361-3989)**
 Ms. Pamela Miller - **Elected 2022-2024 Interim Treasurer (357-5738)**
 Mrs. Leja Burrows - **Asst. Secretary/Sunday School Supt. (676-2341)**
 Miss Anatchas Hart - **A.C.W. President**
 Mr. Ethan W. Adderley - **A.C.M. President (808-5750)**
 Mr. Brian Nixon - **Audio Visual Chairperson (341-6040)**
 Mrs. Terri Bellot - **Legal Advisor (361-7589)**
 Ms. Diane Stewart - **Music Ministry (327-7559)**
 Mrs. Norma Dean - **Pastoral Care & Counselling (364-8635)**
 Ms. Frances Dean - **Social Outreach (327-4031)**
 Mrs. Gale Sheryl Forbes - **Ushers Ministry (455-0120)**
 Ms. Alinda Bowe - **Elected 2022-2024 (341-0781)**
 Mr. Reno Major - **Elected 2022-2024 (376-6211)**
 Dr. Julian Stewart - **Elected 2022-2024 (432-9080)**
 Mr. James Albury - **Elected 2023-2025 (424-9042)**
 Miss Tanisha Brathwaite - **Elected 2023-2025 (426-0457)**
 Mr. Joel Cunningham - **Elected 2023-2025 (421-2589)**
 Mr. Philip Styles - **Elected 2023-2025 (362-1378)**
 Mr. John Michael Clarke - **Appointed (601-5777)**