



St. Ambrose Anglican Church



Gladstone & Carmichael Roads

Rector: Fr. Lynden Douglas

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Mission Statement

The Parish of St. Ambrose exists to be servants of God, empowered by the Holy Spirit, to build up the community of faith so that all may become whole persons in Christ.

Archbishop of The Province of The West Indies

The Most Rev'd Howard Gregory, *B.A., S.T.M., S.T.D., D.D.*

Diocesan Bishop

The Rt. Rev'd Laish Boyd, *B.A., D.D.*

Assistant Bishops

The Most Rev'd Drexel W. Gomez, *B.A., D.D., C.M.G.*

The Rt. Rev'd Gilbert A. Thompson, *C.M.G., S.Th., M.A., J.P*

West Central Archdeaconry

The Venerable Dwight H. L. Rolle, *B.A., S.T.M., J.P.*

SCHEDULE OF SERVICES

Sunday - 7:00 am Said Mass

Sunday - 9:30 am Sung Mass

Wednesday - 6:30 am Said Mass



Diocesan Theme

SACRIFICE
TRIBUTE SOLDIERS
REMEMBRANCE
POPPY DAY
VETERANS BRAVERY
RESPECT HEROES
LEST WE FORGET

REMEMBRANCE SUNDAY

Sunday, November 12th, 2023 - Year A

Liturgical Colour - White

Be thoughtful, be silent, be reverent, for this is the House of God.
Before the service, speak to the Lord; during the service,
let the Lord speak to you; after the service, speak to one another.

INTROIT HYMN	We Are Soldiers Of Christ	CPWI 440
COLLECT FOR PURITY		BCP 101
THE NINEFOLD KYRIES		BCP 102
GLORIA IN EXCELSIS		BCP 102

THE COLLECTS

Almighty and everlasting God, we give you humble thanks for the memory and good example of those who have laid down their lives in the service of our country. We bless you for their courage and devotion, even unto death. Accept their sacrifice, O Father; let it not be in vain that they have died in the cause of righteousness and honour; and in your mercy send your peace into the hearts of men everywhere, through Jesus Christ our Lord. **Amen.**

DIOCESAN THEME 2023

Almighty Father, You call Your people to be in communion with you and each other. Hear the prayers of the Parishes & Communities within this Diocese, that are faced with many challenges. By the power of Your Holy Spirit, strengthen and inspire us to live lives pleasing to You. Help us to remain faithful as we use the gifts and talents You have given us for the building up of Your Church and the Communities it serves; for the sake of Him who came among us as one who serves, Your Son, our Saviour, Jesus Christ. **Amen.**

FIRST SCRIPTURE READING

Reader: A reading from Micah chapter 4 verses 1 to 5.

In days to come the mountain of the Lord's house shall be established as the highest of the mountains, and shall be raised up above the hills. Peoples shall stream to it, and many nations shall come and say: "Come, let us go up to the mountain of the Lord, to the house of the God of Jacob; that he may teach us his ways and that we may walk in his paths." For out of Zion shall go forth instruction, and the word of the Lord from Jerusalem. He shall judge between many peoples, and shall arbitrate between strong nations far away; they shall beat their swords into plowshares, and their spears into pruning hooks; nation shall not lift up sword against nation, neither shall they learn war anymore; but they shall all sit under their own vines and under their own fig trees, and no one shall make them afraid; for the mouth of the Lord of hosts has spoken. For all the peoples walk, each in the name of its god, but we will walk in the name of the Lord our God forever and ever
Reader: The Word of the Lord **All: Thanks Be To God**

(We pause for a moment of personal reflection on the reading)

PSALM 130

(The psalm is read responsively or sung by the choir and congregation)

SECOND SCRIPTURE READING

Reader: A reading from Romans chapter 8 verses 31 to 39.

What then are we to say about these things? If God is for us, who is against us? He who did not withhold his own Son, but gave him up for all of us, will he not with him also give us everything else? Who will bring any charge against God's elect? It is God who justifies. Who is to condemn? It is Christ Jesus, who died, yes, who was raised, who is at the right hand of God, who indeed intercedes for us. Who will separate us from the love of Christ? Will hardship, or distress, or persecution, or famine, or nakedness, or peril, or sword? As it is written, "For your sake we are being killed all day long; we are accounted as sheep to be slaughtered." No, in all these things we are more than conquerors through him who loved us. For I am convinced that neither death, nor life, nor angels, nor rulers, nor things present, nor things to come, nor powers, nor height, nor depth, nor anything else in all creation, will be able to separate us from the love of God in Christ Jesus our Lord.

Reader: The Word of the Lord

All: Thanks Be To God

(We pause for a moment of personal reflection on the reading)

(The congregation stands for the singing of the Gradual Hymn)

GRADUAL HYMN O God Our Help In Ages Past CPWI 234

(The following chorus is sung before the Gospel)

**Holy words long preserved for our walk in this world,
They resound with God's own heart
Oh, let the ancient words impart.**

**Ancient words ever true changing me, and changing you.
We have come with open hearts
Oh let the ancient words impart.**

THE HOLY GOSPEL

Luke 6:20-36

(All stand)

Gospeller: The Lord Be With You

All: And Also With You

Gospeller: A reading from the Holy Gospel according to Luke

All: Glory to Christ our Saviour

Then he looked up at his disciples and said: "Blessed are you who are poor, for yours is the kingdom of God. "Blessed are you who are hungry now, for you will be filled. "Blessed are you who weep now, for you will laugh. "Blessed are you when people hate you, and when they exclude you, revile you, and defame you on account of the Son of Man.

Rejoice in that day and leap for joy, for surely your reward is great in heaven; for that is what their ancestors did to the prophets. “But woe to you who are rich, for you have received your consolation. “Woe to you who are full now, for you will be hungry. “Woe to you who are laughing now, for you will mourn and weep. “Woe to you when all speak well of you, for that is what their ancestors did to the false prophets. “But I say to you that listen, Love your enemies, do good to those who hate you, bless those who curse you, pray for those who abuse you. If anyone strikes you on the cheek, offer the other also; and from anyone who takes away your coat do not withhold even your shirt. Give to everyone who begs from you; and if anyone takes away your goods, do not ask for them again. Do to others as you would have them do to you. “If you love those who love you, what credit is that to you? For even sinners love those who love them. If you do good to those who do good to you, what credit is that to you? For even sinners do the same. If you lend to those from whom you hope to receive, what credit is that to you? Even sinners lend to sinners, to receive as much again. But love your enemies, do good, and lend, expecting nothing in return. Your reward will be great, and you will be children of the Most High; for he is kind to the ungrateful and the wicked. Be merciful, just as your Father is merciful.

Gospeller: The Gospel of Christ **All: Praise to Christ our Lord**

(The following chorus is sung after the Gospel)

**Words of life, words of hope, Give us strength, help us cope
In this world, where e'er we roam,
Ancient words will guide us home.**

**Ancient words ever true changing me, and changing you.
We have come with open hearts Oh let the ancient words impart.**

SERMON **Fr. Lynden Douglas**

MEDITATIONAL HYMN

WE AFFIRM OUR FAITH

APOSTLES’/NICENE CREED..... **BCP 104/106**

INTERCESSIONS

(intercessions will conclude with the Parish prayer)

Celebrant On this Remembrance Sunday, we remember those who have lived and died in His service and in the service of others. We remember especially today Fenrick Sturup, Austin Smith, David Tucker and Edward Williams who lost their lives in service to country on board the HMBS Flamingo. We give thanks to God for those who survived. Today we also remember the victims of the two world wars and of the other conflicts which have occurred since. We remember those we knew or who were known to our parents or grandparents. Let us therefore turn to the God of the living who conquers death, even for those who dwell in its midst. Strengthened by God’s promises and nurturing love, we have

the courage to say: Lord, in your mercy, hear our prayer.

Leader: God our Father, we can never thank you enough for your great love for us, made known in your Son, Jesus Christ - the love that redeemed us, and all mankind - the love that freely forgives - the love that watches over us day by day - the love that is stronger than death, - the love that can bring peace and joy into the lives of all. God of love, accept our thanksgiving, and give us grace to love you more; Lord in your mercy:

All: Hear our prayer

Leader: We thank you Lord for the church of which we are members. We pray for those who minister to us, especially for Laish, Drexel, and Gilbert our Bishops, Lynden our priest and all other clergy who in their different ways lead us to a deeper knowledge of your love. We thank you for the many ways in which the church influences our lives, and we pray that through those influences we may become a channel of your peace so that where there is hatred, we can bring love; where there is despair, we can bring hope; where there is sadness, ever joy and where there is doubt, true faith in you. We pray your blessing on all who share with us in this church's life and worship, and that together we may be a channel of your peace; Lord in your mercy:

All: Hear our prayer

Leader: Father, we pray for the church throughout the world that it may fulfil the work of your Son, revealing you to all people, reconciling them to you and to one another. We pray that we and all Christian people may learn to love one another as you love us, and that your church may more and more reflect the unity which is your will and your gift in Jesus Christ our Lord, and through that unity your Church may be 'a channel of your peace' throughout the world. Lord in your mercy:

All: Hear our prayer

Leader: We pray now for those areas of the world where people are suffering and dying because of armed conflicts and hostilities and especially at this time for the people of Israel, Palestine, Ukraine, Palestine, and Russia.

We pray that your Spirit may so move upon the hearts of people, that the barriers of fear, race, suspicion and hatred, which separate so many, may crumble and disappear. We pray that love will conquer all.

All: Lead us Father into freedom; from despair your world release. That, redeemed from war and hatred, all may come and go in peace. Show us how through care and goodness that fear will die and hope increase.

Leader: Let us pray for all those we know and love. God our Father, you have commanded us to love one another, and to serve each other's

needs. Help us, in our homes to be helpful and considerate, forbearing and forgiving, so that the harmony of our family life may be strengthened and sustained. We pray now for our families, especially for those who live away from us - both young and old; for our relatives, especially those who live alone; for our friends and people we meet in our daily lives. We pray that we may be sensitive to their needs, and know your guidance in any difficult and demanding situation which may arise involving them. Lord in your mercy: **All: Hear our prayer**

Leader: We pray for all in sorrow, need, anxiety or sickness. For the neglected, for the abused, for the lonely, for the distressed. We pray especially for those who are ill, whether in their own homes or in hospital. We pray for anyone known to us in need or trouble. We name and remember them in our hearts and raise them to you, Lord. We ask you to bless them. We pray that they may know your love, and in doing so receive courage and strength. Lord in your mercy:

All: Hear our prayer

Celebrant: Almighty and eternal God, from whose love in Christ we cannot be parted, either by death or life: Hear the prayers and thanksgivings for all whom we remember this day; fulfil in them the purpose of your love; and bring us all, with them, to your eternal joy; through Jesus Christ our Lord. **Amen.**

(intercessions will conclude with the Parish prayer)

PARISH PRAYER

O God, who has brought us into the fellowship of your dear Son, lead us all in St. Ambrose ever closer day by day to you and to one another, that we may become of one heart and mind in love toward you; and grant that our common life and work in sacrificial service may help to extend your kingdom here where we are and in all the world; through Jesus Christ our Lord. **Amen.**

THE ACT OF PENITENCE

Celebrant: Jesus said, 'Love your enemies and pray for those who persecute you.' As we realize our failure to live up to Christ's standards and to obey his commands, let us come in penitence to seek God's forgiveness, as we say together:

All: Almighty and merciful God, Lord of men and nations, we confess with shame the sins, both private and public, by which we have broken your law and grieved your Spirit. We acknowledge the reproach that war has brought upon the name of Christ. We confess our lack of love for you and for our fellow men. For the sake of your Son, who died for us, forgive us our sins. Take from us all hatred and bitterness, whether in thought, word or deed. Teach us to

forgive, as we are forgiven, so that we may grow more like him and live our lives according to your will; through Jesus Christ our Lord. Amen.

Celebrant: Almighty God, who has promised to forgive all who repent of their sins and believe in his Son, Jesus Christ; grant us pardon for our sins, peace in our hearts, strength in his service, and everlasting life; through Jesus Christ our Lord. **Amen.**

Jesus said, 'Peace I leave with you; my peace I give you. Do not let your hearts be troubled and do not be afraid.'

All: We meet in His name and share His peace.

HYMN FOR THE PEACE

(please be seated)

ANNOUNCEMENTS

BIRTHDAY PRAYER: O Lord, watch over those persons who are celebrating birthdays or anniversaries. Bless and guide them wherever they may be; strengthen them when they stand; comfort them when they are discouraged or sorrowful; raise them up if they fall; and in their hearts may the peace of God which passes all understanding abide with them on the anniversary of their birth and marriages, and all the days of their lives, through Jesus Christ our Lord. **Amen.**

THE PREPARATION

We prepare ourselves for the Feast

Congregation may remain seated for the singing of the Offertory Hymn, and stand during the last verse

OFFERTORY HYMN Through All The Changing Scenes CPWI 427

The following is sung after the offertory hymn

All things are Yours, no gifts have we; Lord of all gifts to offer Thee. And then with grateful hearts today, Your own before Your feet we lay. Amen.

CENSING HYMN God Who Stretched The Spangled Heavens *tune 310*

God of all the many nations, thank you for this land, our home -
for the multitude of people who have made this land their own,
for the justice that we cherish, for the freedom that still rings,
and for those who - brave and selfless - gave their lives for noble things.

Many here cannot imagine being in the midst of war.
Yet, O Lord, we know the suffering countless families have endured.
May we wrap our arms around them and respect their sacrifice.
May we counter hate with loving; may we counter death with life.

Some have died to build a nation, free from want and poverty.
May we live creating blessings; may we build community.
Some have died so we'd have freedom from the things that others fear.
May we live by offering welcome to new neighbours coming here.

God of mercy, some have perished; we recall their strength and grace.
Each - a child of yours - was cherished; no one else can fill their place.
Gracious God, as we remember, show us what we're called to do;
may we build a world of justice — loving, peaceful, hopeful, new.
Carolyn Winfrey-Gillette

(The highest reverence is due - No Talking - No Movement)

THE MINISTRY OF THE HOLY SACRAMENT

THE SURSUM CORDA.....	BCP 126
THE PROPER PREFACE Commemoration of the Dead	BCP 129
THE GREAT CONSECRATORY PRAYER.....	Form C BCP 137
THE ACCLAMATION	
THE LORD'S PRAYER.....	BCP 144
THE BREAKING OF BREAD.....	BCP145
THE AGNUS DEI.....	BCP 147

THE ADMINISTRATION OF HOLY COMMUNION

(Please remain reverent as you move to receive communion)

We Share in His Feast

COMMUNION HYMNS And Now, O Father	CPWI 571
 We Pray Thee, Heavenly Father	CPWI 627
 O Love That Wilt Not Let Me Go	CPWI 458

BLESSING OF THE CHILDREN

(please kneel)

POST-COMMUNION PRAYER.....	BCP 148
THE BLESSING AND DISMISSAL.....	BCP 152

(All Stand)

THE PLEDGE: "I pledge my allegiance to the Flag and to The Commonwealth of The Bahamas for which it stands one people united in love and service."

NOTICES

Welcome to all worshipping with us. *“This is the day that the Lord has made, let us rejoice and be glad in it.”*

VISITORS, we welcome you to our church and greet you in the name and love of our mighty Saviour Jesus Christ. We are delighted that you have come to share with us in this worship experience.

MEMBERS, if you were away, it is good to have you back home and we give thanks to God for your safe return.



**Remember
in
Prayer**

Our nation & community, the unemployed, the homeless, the sick and shut-in, the disabled, members who are abroad, those who are travelling, fishermen and farmers, teachers and students, the lapsed and indifferent members of our church, all those who have requested our prayers.

PRAYER: Almighty Father, we commend to Your loving care all who suffer, especially the sick in body and mind. Grant them patience in their suffering; cheer and uphold them with the knowledge of Your love; and if it be Your will, restore them to health and strength; for the sake of Jesus Christ our Lord. Amen.

THE SICK AND SHUT-IN

MEMBERS: Sabrina Bain, Pauline Bastian, Granville Brown, Barbara Chong, Jocelyn Munroe

RELATIVES & FRIENDS: Willimena Allen (Aunt of Kenva Mullings), Ken Bethel, Peter Bowe, LaShay Brown (Daughter of Lenora Brown), Marvin Cooper (Brother of Bradley Cooper), Natalia Cowderoy (Daughter of Natalie Duncombe), Clara Cox (Mother of Robert Cox), Jeffery Cox (Cousin of Sherry Walkine), Theron Hepburn (Brother-in-law of Carol Roach), Samuel Hunter (Father of Kenva Roxbury, Samantha Hunter, Shantia Goodwin-Davies), Sandra Kemp, Alexander Knowles, Vanria Lightbourne (Sister of Cheyvonne & Cheryl Bethel), Logan McCaulsky, Benjamin Miller (Husband of Anya Miller), Oswald (Sr.) & Betty Nixon (Parents of Brian Nixon), Sylvia Pinder, Innis Robinson, Archdeacon Dwight Rolle, Steven & Helen Rolle, Ollie Sands (Sister of Cleo Hepburn), Canon Peter Scott, Maryann Sokal, Mazel Turnquest (Mother of Rochelle Turnquest), Almond Weech (Brother of Kenva Mullings)

SHUT-INS: Leaenza Beneby, Maeroni Black, Francine Val Bowe, Hazel Hunt, Petrona Major (Mother of Katherine Cartwright), Aura Maycock, Florence Pratt

RECOVERING MEMBERS: Crystal Holder, Alinda Bowe, Suzette Hanna, Cheryl Bethel, Shanae Forbes, Delores Johnson, Garnell Johnson, Isabella Jones, Joan Neymour, Frankie Smith

RECOVERING FRIENDS & RELATIVES: Errol Johnson, Ismae Smith, Louise Blyden (Veta Brown's sister), Lorelda Burrows, Coralee Butler, Andree Campbell (Daughter of Canon Sebastian Campbell), Gloria Goodridge, Cora Johnson, Errol Rolle, Aaron Spencer

Condolences: As a parish family, we offer prayers and condolences to Melinda McKenzie and Zenon Seymour on the passing of her brother and his uncle Percy Davis, and to Melinda Williams on the passing of her father-in-law Rupert Williams.

Notices for the bulletin are to be submitted by **Noon** on **Tuesdays**.

Service of Remembrance: Tonight at 6:00 p.m. will be a special memorial for loved ones who have died.



Next Sunday is our **Harvest Festival**. Please remember to bring your non-perishable items on Saturday. All our gifts will be given to the Social Outreach Committee for distribution.

Flowers on the Altar have been given to the greater glory of God and in thanksgiving for the anniversary of Locksley & Arlene Brown.

National Children's Week: November 13-19. Theme - *"Teach The Children Gratitude"*. A special service will take place at Parliament Square on Saturday November 19, 5:00 p.m. - 7:30 p.m.



Birthday Greetings: **Nov 17** - Mercier Bannister
Nov 18 - Trevor Sands

Anniversary Greetings: **Nov 12** - Locksley & Arlene Brown

Annual 2023 Reports: Heads of organizations are asked to begin preparing annual reports, which are to include financial reporting. Reports are to be submitted by December 22nd, 2023.



Feast of Christ the King: November 26th, 3:00 p.m.

ACW BINGO & Family Fun Night: December 1st
at 6:00 p.m. at the church

Feast of St. Ambrose: December 10th, 3:00 p.m.

Breakfast Fellowship sponsored by Suzanne Simmons in thanksgiving of her birthday.



7:00 a.m. Joel Cunningham, Elsworth Johnson, Julie Harts, Vincent Symonette

9:30 a.m. Sheryl Forbes, Cozetta Johnson, Rachael Ferguson, Sherell Cox

Readers for Today

7:00 a.m. ACM: Dail Pearce, Luther Ferguson, Cardrington Coleby

9:30 a.m. ACM: Ethan Adderley, Alban Smith, Steve Bellot

Attendance November 5th 7:00 a.m. - 92 9:30 a.m. - 73

Sunday school - 25

PREPARING FOR WORSHIP

The Mass is the summit of our spiritual life. It unites us as a community of believers who gather to remember the life, death, and resurrection of Jesus. Preparation is important for a successful day at work, at school, or even at the gym. The same holds true for Mass.

Here are simple things you can do to prepare for Mass, which can help you enter more deeply into the celebration of the Mass and achieve a more intimate union with Christ and the other members of the worshipping community.

Reflect on the Readings

Set aside time on a specific day each week to reflect on the readings for the upcoming Sunday. What is the Lord saying to you in these readings?

Know why You are Here

You come to Mass not as a spectator but as a participant. You join with other members of the parish community in prayer, worship, thanksgiving and communion. Take a few minutes each week to think about your place in the Body of Christ.

Enter into God's Presence

Your experience of the mass begins the moment you arrive at church. Plan to get there a little early. Spend some time in silence before Mass begins. Quiet your mind. Let go of any tensions or anxieties that you may have brought with you. Allow your soul to yearn for the Lord. Ask God to fill all of the empty places inside you. Invite the Holy Spirit to speak to you in the readings, the music, the sermon, the prayers of the Mass and your Communion meditation. Everything that you think and do in these final moments before Mass helps to prepare us for our encounter with the Lord.

DAILY READINGS

	Mon	Tues	Wed	Thurs	Fri	Sat
M P	Ps. 80 Nehemiah 9:1-15, [16-25] Revelation 18:1-8	Ps. 78:1-39 Nehemiah 9:26-38 Revelation 18:9-20	Ps. 119:97-120 Nehemiah 7: 73-8:3, 5-18; Revelation 18:21-24	Ps. [83] or 23,27 1 Macca- bees 1:1-28; Revelation 19:1-10 <i>St. Margaret</i>	Ps. 88 1 Macca- bees 1:41- 63 Revelation 19:11-16 <i>St. Hugh</i>	Ps. 87, 90 1 Macca- bees 2:1-28 Revelation 20:1-6 <i>St. Hilda</i>
	E P	Ps. 77, [79] Joel 1:1-13 Matthew 15:1-20	Ps78:40-72 Joel 1:15- 2:2, [3-11] Matthew 15:21-28	Ps. 81, 82 Joel 2:12-19 Matthew 15:29-39	Ps. 85, 86 Joel 2:21-27 Matthew 16:1-12	Ps. 91, 92 Joel 2:28- 3:8 Matthew 16:13-20

PARISH VESTRY



Fr. Lynden Douglas - Rector
Dr. Ricardo Crawford - Priest's Warden (327-2678)
Mrs. Cleo Hepburn - People's Warden (361-3989)
Ms. Pamela Miller - Elected 2022-2024 Interim Treasurer (357-5738)
Mrs. Leja Burrows - Asst. Secretary/Sunday School Supt. (676-2341)
Miss Anatchas Hart - A.C.W. President
Mr. Ethan W. Adderley - A.C.M. President (808-5750)
Mr. Brian Nixon - Audio Visual Chairperson (341-6040)
Mrs. Terri Bellot - Legal Advisor (361-7589)
Ms. Diane Stewart - Music Ministry (327-7559)
Mrs. Norma Dean - Pastoral Care & Counselling (364-8635)
Ms. Frances Dean - Social Outreach (327-4031)
Mrs. Gale Sheryl Forbes - Ushers Ministry (455-0120)
Ms. Alinda Bowe - Elected 2022-2024 (341-0781)
Mr. Reno Major - Elected 2022-2024 (376-6211)
Dr. Julian Stewart - Elected 2022-2024 (432-9080)
Mr. James Albury - Elected 2023-2025 (424-9042)
Miss Tanisha Brathwaite - Elected 2023-2025 (426-0457)
Mr. Joel Cunningham - Elected 2023-2025 (421-2589)
Mr. Philip Styles - Elected 2023-2025 (362-1378)
Mr. John Michael Clarke - Appointed (601-5777)